



LIVING LA DOLCE FEDE:

# THE SWEET LIFE OF FAITH

FOLLOWING IN THE FOOTSTEPS OF ST. FRANCIS OF ASSISI AND ST. PETER THROUGH UMBRIA AND ROME



**PILGRIMAGE LEADERS:**  
T's Italy Founder, Teresa Tomeo & Husband Deacon Dominick Pastore

**November 2-10, 2023**

Assisi ~ Orvieto ~ Narni ~ Todi ~ Greccio ~ Rome



Optional Rome Extension | November 10 - 12, 2023



**PILGRIMAGES**  
BY CORPORATE TRAVEL

41780 W Six Mile Road, Suite 100, Northville, MI 48168  
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# ITINERARY

## Day 1: Thursday, November 2, 2023 | Depart USA

Depart the USA on overnight flights to Rome, Italy.

## Day 2: Friday, November 3, 2023 | Rome | Orvieto

Arrive in Rome, meet your Italian escort, and depart by private motorcoach for Orvieto. Check into hotel before the welcome dinner. Overnight in Orvieto.

## Day 3: Saturday, November 4, 2023 | Orvieto

This morning, visit Orvieto, where we will celebrate Mass at Duomo (Cathedral), where the Eucharistic Miracle of Bolsena is preserved. Tour the Duomo and the quaint Umbrian city. We will drive to a local winery located in the beautiful Umbrian countryside just outside Orvieto. You will visit the estate, learn about the production process and the varieties of local grapes and finally enjoy a wine tasting. Return to Orvieto for dinner on your own and overnight.

## Day 4: Sunday, November 5, 2023 | Viterbo | Orvieto

Today, travel to Viterbo, its name coming from the Latin "Vetus urbs," that means old city. Nowadays, the main city in Northern Lazio is a lively center with bustling shopping malls, offices, bars and restaurants. However, if you leave the modern part behind you and step inside the ancient city walls that surround the historical center, you will feel like time has stopped here. Cobble streets, little alleys, quaint squares and picturesque stone buildings await you in the largest and best-preserved medieval city center in Europe. San Pellegrino is the most popular quarter of Viterbo. It is featured in many commercials, movies and tv series as its two-story houses, towers, arched lanes and pretty little squares have been kept intact since the 1200's. Lunch at a local restaurant. Return to Orvieto for overnight.

## Day 5: Monday, November 6, 2023 | Orvieto | Narni | Todi |

### Assisi

After breakfast, head to Narni. Founded by the ancient Umbrians, Narni eventually became a Roman colony. Narni, which is not widely known, is one of the most beautiful towns of Umbria. Narni even inspired the title of C.S. Lewis's famous novel series, "The Chronicles of Narnia," when he came across the Italian town of Narnia in a classical atlas he used as a child. Recently, thanks to the opening of its ancient underground cisterns and excavations, it has started to gain a new popularity, attracting people with mysterious tales and unsolved questions. To have a walk throughout Narni will enable you to go back in time, feeling in the city's very stones its long and many-layered history. Continue to Todi. The historic center of Todi reflects the wealth and prosperity of this lovely town in the Middle Ages. With our tour, you will explore the city center focusing on the famous central square closed on one side by the Cathedral of Saint Mary and on the other side by the 13th-14th century government buildings. Jacopone from Todi, poet, and Franciscan friar but furthermore the author of Stabat Mater Dolorosa, one of the greatest Latin hymns of all time, was born there. You will visit Saint Fortunato church which preserves his tomb. Just a few steps out of the city center you will see the Renaissance architecture of Santa Maria Della Consolazione, built to preserve a 15th-century image that performed a miracle that attracted a flood of pilgrims to the town. Twenty years ago, Todi, this little town perched on a hill in the Tiber Valley in Italy, was celebrated as the world's most livable town, a modern paradise. That was the conclusion reached after a lengthy study by a team from the University of Kentucky. Continue to Assisi for dinner and overnight.

## Day 6: Tuesday, November 7, 2023 | Assisi | Greccio | Assisi

Celebrate Mass this morning at the Basilica San Francesco followed by adoration and a tour of the Basilica, including prayer at the tomb of Saint Francis. Walk to the Basilica of Santa Chiara for a guided tour and to pray at the tomb of St. Clare. After lunch on your own, travel to Greccio. We will visit the Eremo (hermitage) in Greccio, the city where St. Francis got the idea of creating a Nativity Scene, a "creche." Return to Assisi for overnight.

## Day 7: Wednesday, November 8, 2023 | Assisi | Tarquinia | Cerveteri | Rome

After breakfast we will travel to Tarquinia. Visit the medieval center, the National Archaeological Museum housed in the Gothic, Renaissance Palazzo Vitelleschi, in the heart of the town center, it displays a wide range of artifacts (pottery, bronzes, jewelry, sarcophagi) dating from the Iron Age (10th Century B.C.) to the Romanization of the Ancient Etruria (1st Century B.C.). Among the

masterpieces: the terracotta high relief from the Ara della Regina Temple depicting two winged horses and the original fresco paintings from four tombs: Triclinium, Chariots, Olympic Games, Ship. Lunch in a local restaurant. Continue to Cerveteri. The Necropolis of Banditaccia at Cerveteri, UNESCO site since 2004 along with the Necropolis of Monterozzi at Tarquinia, represents the grandest example of funerary architecture of the Etruscan culture and one of the most important archaeological sites in the Mediterranean. This ancient cemetery stretches for hundreds of hectares on a tufa plateau. The tombs were excavated in the tufa rock, faithfully replicating the plan and furnishings of habitations of the same period. Following a chronological itinerary, visitors can follow the evolution of Etruscan funerary architecture over more than six centuries. Dinner on your own. Overnight in Rome.

## Day 8: Thursday, November 9, 2023 | Christian Rome

This afternoon, depart for a sightseeing tour with focus on Christian Rome. St. Mary Major, one of the oldest shrines dedicated to the Blessed Virgin, a shrine that contains a relic from the manger of the infant Jesus. We visit the Basilica of St. John Lateran. It is here that St. Francis persuaded Pope Innocent III to give permission to begin the Franciscan Order. The night before, the Pope had seen a man in a dream and the man was supporting the tottering building of St. John Lateran. The next day, when Francis appeared before Pope Innocent, His Holiness recognized the face from the dream and consented to Francis's request. Lastly, visit St. Paul Outside the Walls, which houses the remains of St. Paul under its main altar. After lunch enjoy some free time before returning to your hotel. Celebrate a Farewell Dinner this evening. Overnight in Rome.

## Day 9: Friday, November 10, 2023 | Depart for the USA

This morning check out of the hotel and depart for the Rome Airport for your flights to the USA.

## OPTIONAL ROME EXTENSION:

### Day 9: Friday, November 10, 2023 | Vatican Museums | St. Peter's Basilica | Free Afternoon




This morning, celebrate Mass at St. Peter's and take a guided tour of the basilica. Tour the Vatican Museums, ending with a visit to the Sistine Chapel, where you will view some of the most inspiring works of art, including Michelangelo's magnificent fresco of the Last Judgment. Lunch and the remainder of the afternoon to explore Rome. Overnight in Rome.

### Day 10: Saturday, November 11, 2023 | Ancient Rome | Walking Tour

This morning, take part in a walking tour in historic Rome, including: The Spanish Steps, Trevi Fountain, Piazza Navona and more. After lunch on your own, tour Ancient Rome, including the Colosseum (inside visit), Capitol Hill, the Vittorio Emmanuel Monument (wedding cake), the Roman Forum, and Circus Maximus. Overnight in Rome.

### Day 11: Sunday, November 12, 2023 | Depart for the USA

This morning check-out of the hotel and depart for the Rome Airport for your flights to the USA.

 = BREAKFAST |  = LUNCH |  = DINNER

Itinerary is tentative and all Masses are pending availability and final confirmation





## LAND ONLY MAIN TRIP PRICE STARTING AT

**\$3,909**

**-\$150**

**-\$110**

**\$3,649**

*with discount  
code: ANDIAMO  
(if booked by  
March 1st, 2023)*

*Payments via  
check*

## ROME EXTENSION

**\$1,199**

## SINGLE SUPPLEMENT

**MAIN TOUR | \$1,000  
EXTENSION | \$500**

## TRAVEL PROTECTION:

**CANCEL FOR ANY REASON  
("CFAR") TRAVEL PROTECTION  
IS HIGHLY RECOMMENDED  
SEE TRAVEL INSURED LINK:**

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**GROUP TRAVEL PROTECTION NOT  
AVAILABLE FOR RESIDENTS OF  
NEW YORK STATE**

**ADDITIONAL QUESTIONS?  
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## MAIN TOUR INCLUDES

- 7 nights' accommodations at 4-star hotels
  - 3 nights in Orvieto
  - 2 nights in Assisi
  - 2 nights in Rome
- Meals
  - Continental breakfast daily
  - 2 lunches
  - 3 dinners, wine included
- Wine Tasting
- Luxury motor coach for airport transfers in Italy and specified sightseeing
- Local, Catholic tour manager while in Italy
- Local guides according to the itinerary
- Sightseeing and entrance fees according to the itinerary
- Arrangements of daily Mass including donations in unique and historical churches (all locations are tentative and subject to confirmation)
- Hotel & city taxes and portorage for 1 piece of luggage
- Gratuities payable to escort, guides, and drivers
- Whisper sets



## ROME EXTENSION INCLUDES

- 2 nights' accommodations at 4-star hotels
  - 2 nights in Rome
- Continental breakfast daily
- Luxury motor coach for airport transfers in Italy and specified sightseeing
- Local, Catholic tour manager while in Italy
- Local guides according to the itinerary
- Sightseeing and entrance fees according to the itinerary
- Arrangements of daily Mass including donations in unique and historical churches (all locations are tentative and subject to confirmation)
- Hotel & city taxes and portorage for 1 piece of luggage
- Gratuities payable to escort, guides, and drivers
- Whisper sets

## THE TOURS DO NOT INCLUDE

- Airfare; this package is sold land-only
- Airport transfers
- Tour manager from the USA
- Meals not specifically identified
- Beverages with meals unless specified
- Optional Travel Insurance
- Other personal expenses
- Items not specifically mentioned above



## PAYMENT & CANCELLATION TERMS:

- Deposit: **\$350** per person due upon registration + travel protection, if selected
- Second Payment: **\$1,250** additional due 150 days from departure (June 5, 2023)
- Final Payment: Balance due on or before 75 days from departure (August 19, 2023)

All payments are non-refundable, and subject to CTS Terms and Conditions including the CTS Liability Release. **All cancellations must be received in writing.** Penalties will be determined according to postmark date, or date of the fax or email sent by the cancelling passenger.

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([HTTPS://WWW.CTSCENTRAL.NET/LIABILITY-RELEASE/](https://www.ctscentral.net/liability-release/))



## ABOUT TERESA TOMEO, *T's Italy* Founder

Over the past two decades, Teresa Tomeo has explored almost every region in Italy and has led pilgrimages and tours to Italy over 60 times. Having served as a journalist for 30+ years, Teresa has covered numerous assignments, including the canonization of several new saints in Rome. This gave her a unique understanding of how to navigate the Eternal City, whether one is traveling there as a tourist or a pilgrim interested in a Papal audience. As an experienced journalist, every time she goes to Italy she uncovers something new, explores the roots and history behind the beautiful Italian culture, food, architecture, art, music, faith and more.

[MORE ABOUT TERESA TOMEO](#)

**IF YOU WANT TO LEARN MORE ABOUT T'S ITALY [CLICK HERE!](#)**

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your boundaries...*



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[travel@exceptionaljournneys.net](mailto:travel@exceptionaljournneys.net) • 855-305-8982